

# IS YOUR CHILD SAFE AT HOME? **PROBABLY NOT!**

**80%** OF DELAWARE  
COUNTY HOMES AND  
APARTMENTS ARE LIKELY  
TO HAVE LEAD-BASED PAINT.

**There is no safe level of  
lead in a child's body!**

**FREE AND LOW-COST PROGRAM INFORMATION INSIDE**

# Get Your Children Tested

If children 6 and under live in or visit your home, ask your doctor for a blood lead test.

Children with Medicaid or CHIP health insurance are required to have a blood lead test when they are one-year old AND two-years-old.

If you don't have a doctor or health insurance, your child can get a low-cost lead test, starting at \$10, at a ChesPenn Health Center in Upper Darby (610-352-6585) or Chester City (610-872-6131).



**Babies  
and toddlers  
put their fingers in  
their mouths — and  
lead particles  
taste sweet!**

**Children  
can get lead  
poisoning by breathing  
in or swallowing dust  
that contains  
lead.**

# Make Your Home Safe

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## Renter?

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If your home was built before 1978, ask your landlord to fix chipping and/or peeling paint. Your landlord should remove all paint dust in a safe way and clean up **COMPLETELY** after the repairs are done. If your landlord does not make the repairs call your borough or township office and file a complaint about your landlord.

## Home Owner?

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If your home was built before 1978 and you have chipping or peeling paint, get a lead-dust test from a certified inspection company.

**Check  
out the enclosed  
Delaware County Lead  
Resource Directory of  
FREE or LOW-COST  
solutions to get  
the lead  
out!**

**Nearly  
350 babies  
are poisoned In  
Delaware County  
every year.**

# 7 Things You Can Do Right Now

-  **1** Make sure your child can't get near peeling paint or chewable surfaces, such as window sills.
-  **2** Wet-mop floors and flat surfaces once a week because household dust can contain lead. Window sills and wells can also contain high levels of lead dust, so they should also be kept free of dust.
-  **3** Regularly wash children's hands and their toys that can become covered with household dust or exterior soil.
-  **4** Make sure to renovate safely. Common renovation activities like sanding, cutting, replacing windows, and more can create hazardous lead dust. If you're planning renovations, use contractors certified by the U.S. Environmental Protection Agency (EPA). Go to [www.pccy.org/EPACertifiedRemoval](http://www.pccy.org/EPACertifiedRemoval)
-  **5** Apply contact paper or duct tape to cover holes in walls or chipping paint to temporarily block children's ability to reach sources of lead.
-  **6** Lead can also be found in soil, so take off shoes when entering the house.
-  **7** Eat a healthy diet that includes iron, calcium, and foods low in fat. Foods rich in iron include eggs, some nuts, and beans. A healthy diet causes the body to absorb less lead.